# **CONGRESS INFORMATION**

**DAY 1 - 27 March 2016**

## **Gyne-Oncology Conference**

### Programme

**08:20 Opening remarks and welcome**

Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE

SESSION ONE

**Moderators:** Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE

Dr Haider Mahdi, Gynecologic Oncologist, Associate Staff: Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

**08:30 Ovarian cancer risk reduction**

Prof Khalid Sait, Director of Gynecological Oncology Unit & Professor: Faculty of Medicine, King Abdulaziz University, Jeddah, Saudi Arabia

**08:50 Understanding the importance of high-grade and low-grade ovarian cancer**

Dr Michael A Bookman, Director of Gynecologic Oncology Research, US Oncology Research and Arizona Oncology, Tucson, Arizona, USA

**09:15 Management of borderline ovarian tumor**

Dr Haider Mahdi, Gynecologic Oncologist, Associate Staff: Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

**09:40 Optimal primary therapy of ovarian cancer including the role of cytoreductive surgery**

Dr Michael A Bookman, Director of Gynecologic Oncology Research, US Oncology Research and Arizona Oncology, Tucson, Arizona, USA

**10:05 Q & A**

**10:15 Coffee break**

SESSION TWO

**Moderators:** Prof Khalid Sait, Director of Gynecological Oncology Unit & Professor: Faculty of Medicine, King Abdulaziz University, Jeddah, KSA

Dr Asif Quadri, Chief & Consultant Anatomical Pathologist, Tawam Hospital, Al Ain, UAE

**10:45** **Endometrial cancer risk reduction**

Prof Khalid Sait, Director of Gynecological Oncology Unit & Professor: Faculty of Medicine, King Abdulaziz University, Jeddah, KSA

**11:05 Role of surgery in endometrial cancer**

Dr Haider Mahdi, Gynecologic Oncologist- Associate Staff: Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

**11:30 Role of chemotherapy in endometrial cancer**

Dr Michael A Bookman, Director of Gynecologic Oncology Research, US Oncology Research and Arizona Oncology, Tucson, Arizona, USA

**11:55 Role of immunochemistry in diagnosis and management of Gynecological neoplasms**

Dr Asif Quadri, Chief & Consultant Anatomical Pathologist, Tawam Hospital, Al Ain, UAE

**12:20 Q & A**

**12:30 Lunch break**

SESSION THREE

**Moderators:** Dr Thikra A. M. Hassan, Consultant Obstetrician and Gynecologist, Tawam Hospital, Al Ain, UAE

Dr Zuhdi Khalid, Gynecologic Oncologist, Latifa Hospital, Dubai, UAE

**14:00 Cervical cancer prevention – update**

Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE

**14:25 Common vulval problems as seen in a general gynecology clinic**

Prof Khalid Sait, Director of Gynecological Oncology Unit & Professor: Faculty of Medicine, King Abdulaziz University, Jeddah, KSA

**14:50 Follow-up protocol in gynecological malignancies**

Dr Thikra A. M. Hassan, Consultant Obstetrician and Gynecologist, Tawam Hospital, Al Ain, UAE

**15:15 Recent advances in cervical cancer surgery**

Dr Zuhdi Khalid, Gynecologic Oncologist, Latifa Hospital, Dubai, UAE

**15:40 Coffee break**

SESSION FOUR

**Moderator:** Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE

**16:10 Colposcopy and histological outcome of AS C-US and AS C-H in screened women in Abu Dhabi, UAE**

Dr Osman Ortashi, Consultant: Gynecology & Gynecological Cancers, Healthpoint Hospital, Abu Dhabi, UAE

**16:30 Panel discussion: Multidisciplinary tumor board case discussion**

**Moderator:** Dr Hassan Jaafar, Consultant Oncologist, Tawam Hospital, Al Ain, UAE

**Panelists:**

* Dr Michael A Bookman, Director of Gynecologic Oncology Research, US Oncology Research and Arizona Oncology, Tucson, Arizona, USA
* Dr Haider Mahdi, Gynecologic Oncologist- Associate Staff: Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA
* Dr Asif Quadri, Chief & Consultant Anatomical Pathologist, Tawam Hospital, Al Ain, UAE
* Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE
* Dr Zuhdi Khalid, Gynecologic Oncologist, Latifa Hospital, Dubai, UAE

**17:30 Closing remarks and end of conference**

**Day 1 – 27 March 2016**

**Fetal Medicine Conference**

### Programme

**08:20 Opening remarks and welcome**

Prof Hisham Mirghani, Consultant, Genesis Perinatal Care Clinic, Dubai, UAE

**SESSION ONE**

**Moderators:** Prof Hisham Mirghani, Consultant, Genesis Perinatal Care Clinic, Dubai, UAE

Prof Karim D Kalache, Division Chief: Maternal-Fetal Medicine, Obstetrics & Gynecology Department, Sidra Medical and Research Center, Doha, Qatar

**08:30 Setting up a preterm labor prevention clinic - what to offer?**

Dr Sherif Abdel-Fattah, Consultant: Obstetrics & Fetal Medicine, Honorary Senior Lecturer - University of Bristol & Directorate of Women & Children’s Health, Southmead Hospital, Bristol, UK

**08:50 What to do with IUGR?**

Prof Karim D Kalache, Division Chief: Maternal-Fetal Medicine, Obstetrics & Gynecology Department, Sidra Medical and Research Center, Doha, Qatar

**09:10 Bedside obstetrics ultrasound**

Dr Rubina Khan, Consultant: Perinatology: Obstetrics & Gynecology, King Faisal Specialist Hospital & Research Centre, Riyadh, KSA

**09:30 The management of complicated monochorionic twin pregnancies**

Dr Leanne Bricker, Chair and Consultant: Fetal Medicine, Corniche Hospital, Abu Dhabi, UAE

**09:50 Management of red cells antibodies**

Dr Soha Ahmed Said, Consultant: Fetal Medicine, Corniche Hospital, Abu Dhabi, UAE

**10:10 Coffee break**

**SESSION TWO**

**Moderators:** Dr George Michailidis, Fetal & Maternal Medicine Consultant, Obstetrician & Gynecologist, Genesis Perinatal Care Clinic, Dubai, UAE

Dr Gowri Ramanathan, Consultant and Head: Obstetrics and Gynaecology & Director of Fetal Medicine, Danat Al Emarat Hospital for Women & Children, Abu Dhabi, UAE

**10:40 The management of twin pregnancy in our daily practice - tips, strategies and protocols for the general Obstetrician**

Dr George Michailidis, Fetal & Maternal Medicine Consultant, Obstetrician & Gynecologist, Genesis Perinatal Care Clinic, Dubai, UAE

**11:00 Dilemmas in fetal CNS anomalies**

Dr Gowri Ramanathan, Consultant and Head: Obstetrics and Gynaecology & Director of Fetal Medicine, Danat Al Emarat Hospital for Women & Children, Abu Dhabi, UAE

**11:20 Dilemmas in fetal urinary tract anomalies**

Dr Anjali Kadasne, Consultant: Gynaecology & Obstetrics, Al Ain Hospital, Al Ain UAE

**11:40 The role of non-invasive prenatal testing (NIPT) in the diagnosis of Down’s syndrome**

Dr Afshin Mirza, Managing Director, Fetal & Maternal Medicine Specialist Obstetrician & Gynecologist, Fetal Medicine & Genetic Centre, Dubai, UAE

**12:00 Understanding the importance of biochemistry and ultrasound, in the post NIPT era**

Dr Ranjit Akolekar, Consultant: Fetal Medicine, Medway Maritime Hospital in Kent, UK & Kings College Hospital, London, UK

**12:20 The influence of BMI at time of delivery on pregnancy and neonatal outcome**

Dr Linda Al Junaid, Obstetrics and Gynecology Department, Al Ain Hospital, Al Ain, UAE

**12:30 Lunch break**

**SESSION THREE**

**Moderators:** Dr Sherif Abdel-Fattah, Consultant: Obstetrics & Fetal Medicine, Honorary Senior Lecturer - University of Bristol & Directorate of Women & Children’s Health, Southmead Hospital, Bristol, UK

Dr Muna Khalfan, Chief of Fetal Medicine service & Chair: Department of Obstetrics & Gynecology, Umm Al Quwain Hospital, Umm Al Quwain, UAE

**14:00 Other uses for non-invasive prenatal testing**

Dr Sherif Abdel-Fattah, Consultant: Obstetrics & Fetal Medicine, Honorary Senior Lecturer - University of Bristol & Directorate of Women & Children’s Health, Southmead Hospital, Bristol, UK

**14:20 Dilemmas in fetal medicine practice in the region**

Dr Muna Khalfan, Chief of Fetal Medicine service & Chair: Department of Obstetrics & Gynecology, Umm Al Quwain Hospital, Umm Al Quwain, UAE

**14:40 What can you offer after inhibiting preterm labor**

Dr Fayez Nasrallah, Consultant Maternal Fetal Medicine & Obstetrics and Gynecology, Latifa Hospital, Dubai, UAE

**15:00 Vaginal birth after cesarean section: A UAE prospective**

Dr Rania Tabash, Obstetrics & Gynecology Department, Al-Ain Hospital, Al Ain, UAE

**15:10 Accuracy of fetal weight estimation in GDM patients**

Dr Mennatullah Fadda, Obstetrics & Gynecology Department, Al Ain Hospital, Al Ain, UAE

**15:20 Coffee break**

**SESSION FOUR**

**Moderators:** Dr Muzib Begam, Consultant: Fetal-maternal medicine/Obstetrics, Al Noor Hospitals Group, Abu Dhabi, UAE

Prof Karim D Kalache, Division Chief: Maternal-Fetal Medicine, Obstetrics & Gynecology Department, Sidra Medical and Research Center, Doha, Qatar

**15:40 Pregnancy outcome; ultrasound predictors**

Prof Hisham Mirghani, Consultant, Genesis Perinatal Care Clinic, Dubai, UAE

**16:00 Autosomal recessive disorders in UAE: A prenatal perspective**

Dr Muzib Begam, Consultant: Fetal-maternal medicine/Obstetrics, Al Noor Hospitals Group, Abu Dhabi, UAE

**16:20 Management of fetal arrhythmias**

Dr Sherif Abdel-Fattah, Consultant: Obstetrics & Fetal Medicine, Honorary Senior Lecturer - University of Bristol & Directorate of Women & Children’s Health, Southmead Hospital, Bristol, UK

**16:40 Contemporary approach to miscarriage: Role for products of conception testing**

Dr Fadi G. Mirza, Asst Professor: Obstetrics and Gynecology, Maternal Fetal Medicine; Director of Clinical Practice Improvement, American University of Beirut Medical Center, Beirut, Lebanon & Adjunct Asst Professor: Obstetrics and Gynecology, Columbia University, New York, USA

**17:00 Young maternal age and pregnancy outcome**

Dr Nema Abdrahman Abdulla, Obstetrics & Gynecology Department, Al-Ain Hospital, Al Ain, UAE

**17:10 Interesting cases and lessons learned**

Prof Karim D Kalache, Division Chief: Maternal-Fetal Medicine, Obstetrics & Gynecology Department, Sidra Medical and Research Center, Doha, Qatar

**18:00 Closing remarks and end of conference**

**DAY 2 - 28 March 2016**

## **Maternal Medicine Conference**

### Programme

**08.20 Opening remarks and welcome**

Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**SESSION ONE**

**Moderators:** Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

Dr Nageena Mahmood, Consultant Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**08.30 Obstetric medicine - UAE experience**

Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**08.50 Risk management in Obstetrics**

Dr Saleema Wani, Senior Consultant & Division Chief of Obstetrics, Corniche Hospital, Abu Dhabi, UAE

**09.10 Liver diseases in pregnancy**

Prof Catherine Williamson, Women’s Health, Women’s Health Department, Kings College London, London, UK

**09.40 Gestational diabetes**

Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**10.05 The magic remedy**

Dr Hassan Shahata, Consultant Obstetrician, Gynecologist and Head: Women’s Health Department, Epsom and St. Helier University Hospitals NHS Trust, Surrey, UK

**10.30 Coffee break**

**SESSION TWO**

**Moderators:** Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

Dr Hassan Shahata, Consultant Obstetrician, Gynecologist and Head: Women’s Health Department, Epsom and St. Helier University Hospitals NHS Trust, Surrey, UK

**11.00 Endocrine problems of pregnancy**

Prof Catherine Williamson, Women’s Health, Women’s Health Department, Kings College London, London, UK

**11.30 APS diagnosis & management**

Prof Munther Khamashta, Prof/Consultant Physician: Rheumatology Department, Dubai Hospital, Dubai, UAE

**12.00 SLE in pregnancy - Dubai & Abu Dhabi experience**

Prof Munther Khamashta, Prof/Consultant Physician: Rheumatology Department, Dubai Hospital, Dubai, UAE

Dr Nageena Mahmood, Consultant Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**12.30 Q & A**

**12.45 Lunch break**

**SESSION THREE**

**Moderators:** Dr Salima Wani, Senior Consultant & Division Chief of Obstetrics, Corniche Hospital, Abu Dhabi, UAE

Dr Quraish Kareem, Consultant Obstetrician & Gynecologist, Tawam Hospital, Al Ain, UAE

**14.00 Sepsis in obstetrics**

Dr Hassan Shahata, Consultant Obstetrician, Gynecologist and Head: Women’s Health Department, Epsom and St. Helier University Hospitals NHS Trust, Surrey, UK

**14.30 Obstetric Anaesthesia in maternal medical conditions**

Dr Tarek Ansari, Chair: Anesthesiology Department, Corniche Hospital, Abu Dhabi, UAE

**15.00 Panel discussion: Prescribing medication during pregnancy**

* Prof Catherine Williamson, Prof: Women’s Health, Women’s Health Department, Kings College London, London, UK
* Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE
* Dr Hassan Shahata, Consultant Obstetrician, Gynecologist and Head: Women’s Health Department, Epsom and St. Helier University Hospitals NHS Trust, Surrey, UK
* Dr Nageena Mahmood, Consultant Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

**15.30 Coffee break**

**SESSION FOUR**

**16:00 Contemporary management of abnormal uterine bleeding: role of progestogens**

Dr Fadi G. Mirza, Asst Professor: Obstetrics and Gynecology, Maternal Fetal Medicine; Director of Clinical Practice Improvement, American University of Beirut Medical Center, Beirut, Lebanon & Adjunct Asst Professor: Obstetrics and Gynecology, Columbia University, New York, USA

**16:20 Panel discussion: Challenging cases**

• Dr Bashir Salih, Chair of Department: Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE

• Dr Hassan Shahata, Consultant Obstetrician, Gynecologist and Head: Women’s Health Department, Epsom and St. Helier University Hospitals NHS Trust, Surrey, UK

• Prof Catherine Williamson, Women’s Health, Women’s Health Department, Kings College London, London, UK

**16:50 Renal failure in pregnancy**

Dr Quraish A Karim, Consultant & Head of Division: Obstetrics, Tawam Hospital, Al Ain, UAE

**17:00 Malaria in pregnancy**

Dr Helmi Nour, Consultant Ob/Gyn & Head: Obstetrics & Gynecology, Academy Teaching Hospital, Khartoum, Sudan

**17:10 Flash of lightening**

Dr Khulood Ali Al Suwaidi, Ob/Gyn department, Corniche Hospital, Abu Dhabi, UAE

**17:20 Q & A**

**17:30 Closing remarks and end of conference**

**Day 2 – 28 March 2016**

## **Reproductive Health and Infertility Conference**

### Programme

**08:20 Opening remarks by conference Chair**

Dr Mohamed Elkalyoubi, Director & Consultant: Reproductive Medicine & Ob/Gyn, Dubai Gynecology and Fertility Centre, Dubai, UAE

**SESSION ONE**

**08:30 Innovations in IVF**

Dr Jared C. Robins, Associate Professor; Medical Director: Northwestern Fertility and Reproductive Medicine & Chief: Division of Reproductive Endocrinology and Infertility, Northwestern Medical Group, Chicago, Illinois, USA

**09:00 Current trends in infertility treatment and the role of PGD with In-Vitro Fertilization (IVF)**

Dr Rifaat D. Salem, Medical Director & Chairman, Pacific Reproductive Centre, Los Angeles, California, USA

**09:30 Contemporary use of progestogens in threatened and recurrent miscarriage**

Dr Karunakara Marikinti, Consultant IVF & OB/ GYN, Fakih Fertility Centre, Dubai, UAE

**10:00 Ovulation Induction (OI) using gonadotrophin injections: different protocols**

Dr Tarek Gelbaya, Consultant Gynecologist: Reproductive medicine and surgery & Clinical Lead: Assisted conception and endometriosis services, Leicester Fertility Centre, Leicester, UK

**10:30 Use of rLH or HMG in ovulation induction**

Prof Hesham Al-Inany, IVF consultant, Cairo University, Cairo, Egypt

**11:00 Q & A**

**11:15 Coffee break**

**SESSION TWO**

**11:45 How to read WHO 2010 semen analysis report**

Prof Amer Medhat, Andrology and STDs, Cairo University, Cairo, Egypt

**12:15 What the gynaecologist should know about andrology**

Dr Nabil Saymé, Specialist: Gynecological Endocrinology & Reproductive Medicine, Team Kinderwunsch Hannover, Hannover, Germany

**12:45 Ovulation Induction (OI) & Inter-uterine Insemination (IUI)**

Dr Mohamed Elkalyoubi, Director & Consultant: Reproductive Medicine & Ob/Gyn, Dubai Gynecology and Fertility Centre, Dubai, UAE

**13:15 Q & A**

**13:30 Lunch break**

**SESSION THREE**

**14:45 Ovulation triggering in Ovulation Induction (OI). When should we do it?**

Dr Tarek Gelbaya, Consultant Gynaecologist: Reproductive medicine and surgery & Clinical Lead: Assisted conception and endometriosis services, Leicester Fertility Centre, Leicester, UK

**15:15 Progesterone & luteal phase support?**

Prof Hesham Al-Inany, IVF consultant & Professor, Cairo University, Cairo, Egypt

**15:45 Complications of Ovulation Induction (OI) and Inter-uterine Insemination (IUI): diagnosis and management**

Dr Nahed Hammadieh, Director, IVF and Reproductive Medicine & Surgery Centre, Consultant Obstetrician, Gynaecologist and Sub-specialist in Reproductive Medicine & Surgery, New Mowasat Hospital, Salmiya, Kuwait

**16:15 Q & A**

**16:30 Coffee Break**

**SESSION FOUR**

**17:00 Prevention of long-term health hazards in Polycystic Ovary Syndrome (PCOS)**

Dr Salem El Shawarby, Consultant & Subspecialist in Reproductive Medicine/ IVF, Director of Corniche Fertility Centre , Corniche Hospital, Abu Dhabi, UAE

**17:30 The role of nurses in ovulation induction and intrauterine insemination**

Mary Glady, Senior IVF Nurse, Dubai Gynaecology and Fertility Centre, Dubai, UAE

**17:45 Closing remarks and end of conference**

**Day 3 – 29 March 2016**

## **General Obstetrics & Gynecology Conference**

### Programme

**08:20 Opening remarks and welcome**

Dr Saleema Wani, Consultant Obstetrics & Gynecologist, Corniche Hospital, Abu Dhabi, UAE

**SESSION ONE**

**Moderators:** Dr Maggie Blott, Chair: ObGyn Department, Corniche Hospital, Abu Dhabi, UAE

Dr Tarek Ansari, Chair: Anaesthesia Department, Corniche Hospital, Abu Dhabi, UAE

**08:30 Genitourinary syndrome of menopause and Er:YAG laser treatment; a novel minimally invasive therapy**

Prof Rodolfo Milani, Professor: Obstetrics & Gynecology, Director: School of Specialty in Obstetrics and Gynecology, University of Milan Birocca, Milan, Italy, Director: Obstetrics & Gynecology Clinical Department, S. Gerardo Hospital, Monza, Milan, Italy

**08:50 Update on pre-term labor management: progestogen, cerclage, tractocile**

Dr Aruna Kumari, Consultant Ob/Gyn, Burjeel Hospital, Abu Dhabi,UAE

**09:15 Placenta Previa/accreta**

Dr Saleema Wani, Consultant Obstetrics & Gynecologist, Corniche Hospital, Abu Dhabi, UAE

**09:40 Aminiotic fluid embolism - is it anaphylactic shock?**

Dr Maggie Blott, Chair: ObGyn Department, Corniche Hospital, Abu Dhabi, UAE

**10:05 Transfusion management in massive obstetric hemorrhage; old habits die hard?**

Dr Tarek Ansari, Chair: Anaesthesia Department, Corniche Hospital, Abu Dhabi, UAE

**10:25 Q&A**

**10:30 Coffee break**

**SESSION TWO**

**Moderators:** Dr Muna Tahlak, CEO, Latifa Hospital, Dubai, UAE

Dr Sadoon Sami Sadoon, Division Chief: Gynaecology, Corniche Hospital, Abu Dhabi, UAE

**11:00 Mental health in the peripartum period – beyond baby blues**

Dr Muna Tahlak, CEO, Latifa Hospital, Dubai, UAE

**11:25 Recent advances in the management of endometriosis**

Dr Sukhbir Sony Singh, Associate Prof; Vice-Chair Gynecology; E.J Research Chair in Gynecologic Surgery: Department of Ob/Gyn, University of Ottawa & The Ottawa Hospital Ottawa, Ontario, Canada

**11:50 Update on fibroid management**

Dr Sadoon Sami Sadoon, Division Chief: Gynaecology, Corniche Hospital, Abu Dhabi, UAE

**12:10 New approach in the management of pelvic pain**

Dr Sukhbir Sony Singh, Associate Prof; Vice-Chair Gynecology; E.J Research Chair in Gynecologic Surgery: Department of Ob/Gyn, University of Ottawa & The Ottawa Hospital Ottawa, Ontario, Canada

**12:35 Lunch break**

**SESSION THREE**

**Moderators:** Dr Sukhbir Sony Singh, Associate Prof; Vice-Chair Gynecology; E.J Research Chair in Gynecologic Surgery: Department of Ob/Gyn, University of Ottawa & The Ottawa Hospital Ottawa, Ontario, Canada

Dr Michael Abou Abdallah, Past President & Executive Director, Middle East Fertility Society, Beirut, Lebanon

**14:00 Safety in the gynecology operating room**

Dr Sukhbir Sony Singh, Associate Prof; Vice-Chair Gynecology; E.J Research Chair in Gynecologic Surgery: Department of Ob/Gyn, University of Ottawa & The Ottawa Hospital Ottawa, Ontario, Canada

**14:25 Contraception update**

Dr Amitabha Majumdar, Consultant: Department of Ob/Gyn, Corniche Hospital, Abu Dhabi, UAE

**14:50 Polycystic ovary syndrome (PCOS) – new perspective on an old entity**

Dr Michael Abou Abdallah, Past President & Executive Director, Middle East Fertility Society, Beirut, Lebanon

**15:10 ‘All that itches’**

Dr Naglaa Rizk, Consultant Gynecologist, Al Zahra Private Hospital, Dubai, UAE

**15:30 Coffee break**

**SESSION FOUR**

**Moderators:** Dr Habibeh Gitiforooz, Obstetrician-Gynecologist: Regional Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

Dr Saleema Wani, Consultant Obstetrics & Gynecologist, Corniche Hospital, Abu Dhabi, UAE

**16:00 Robotic hysterectomy for large uterus**

Dr Habibeh Gitiforooz, Obstetrician-Gynecologist: Regional Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

**16:20 Prevention of congenital anomalies through preconception micro-nutrient supplementation; the birth of a new concept**

Dr George Michailidis, Fetal & Maternal Medicine Consultant, Obstetrician & Gynecology, Genesis Perinatal Care Clinic, Dubai, UAE

**16:40 Menopause: Classical vs. natural therapy**

Dr Michael Abou Abdallah, Past President & Executive Director, Middle East Fertility Society, Beirut, Lebanon

**17:00 Avoiding being in court for Obstetricians and Gynecologists**

Dr Kauser Mansoor Baig, Consultant Obstetrician & Gynecologist, Al Qasimi Hospital, Sharjah

**17:20 Q & A**

**17:30 Closing remarks & end of the conference**

**Day 3 – 29 March 2016**

**Gyne-Endoscopy Conference**

### Programme

**08:50 Opening remarks**

Dr Rihab Awad, Consultant Obstetrician & Gynecologist, Urogynecologist, Mitera Clinic, Dubai, UAE

Dr Mohammad Ibrahim, Consultant Gynaecologist, Endoscopic Surgeon, Mitera Clinic, Dubai, UAE

**SESSION ONE: HYSTERECTOMY / MYOMECTOMY**

**Moderators:** Prof Sven Becker, Professor and Director: Department of Gynaecology and Obstetrics & Division Head: Gynaecologic Oncology and Gynaecologic Specialties, University Hospital Frankfurt, Frankfurt, Germany

Prof Mohamed Mabrouk, Minimally Invasive Gynecological Surgery Unit, Bologna University, Italy & Department of Ob/Gyn, Alexandria University, Alexandria, Egypt

**09:00 Open, vaginal or laparoscopic hysterectomy?**

Dr Joseph Nassif, Assistant Professor: Obstetrics and Gynaecology & Assistant Professor Laparoscopy and Minimally Invasive Gynecological Surgery, American University of Beirut Medical Centre, Beirut, Lebanon

**09:20 Robotic myomectomy**

Dr Habibeh Gitiforooz, Obstetrician- Gynecologist: Regional Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

**09:40 How to treat myomas and when - clinical and technical advice**

Prof Sven Becker, Professor and Director: Department of Gynaecology and Obstetrics & Division Head: Gynaecologic Oncology and Gynaecologic Specialties, University Hospital Frankfurt, Frankfurt, Germany

**10:00 Laparoscopic morcellation; can we still do it?**

Dr Joseph Nassif, Assistant Professor: Obstetrics and Gynaecology & Assistant Professor Laparoscopy and Minimally Invasive Gynecological Surgery, American University of Beirut Medical Centre, Beirut, Lebanon

**10:20 Q & A**

**10:30 Coffee break**

**SESSION TWO: COMPLICATIONS IN LAPAROSCOPY**

**Moderators:** Dr Habibeh Gitiforooz, Obstetrician- Gynecologist: Regional Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

Dr Islam Sidky, Senior Consultant & Chief Minimal Invasive Gynaecology, Tawam Hospital, Al Ain, UAE

**11:00 Avoiding laparoscopic complications**

Dr Islam Sidky, Senior Consultant & Chief Minimal Invasive Gynaecology, Tawam Hospital, Al Ain, UAE

**11:20 Surgical anatomy and tips for laparoscopic surgery**

Prof Mohamed Mabrouk, Minimally Invasive Gynecological Surgery Unit, Bologna University, Italy & Department of Ob/Gyn, Alexandria University, Alexandria, Egypt

**11:40 How to avoid complications in laparoscopic hysterectomy**

Prof Sven Becker, Professor and Director: Department of Gynaecology and Obstetrics & Division Head: Gynaecologic Oncology and Gynaecologic Specialties, University Hospital Frankfurt, Frankfurt, Germany

**12:00 Methods of adhesion prophylaxis in gynecologic surgery**

Prof Matthias Korell, Head of Department: Obstetrics & Gynecology, Johanna Etienne-Krankenhaus, Neuss, Germany

**12:20 Q & A**

**12:30 Lunch break**

**SESSION THREE: ENDOMETRIOSIS**

**Moderators:** Dr Joseph Nassif, Assistant Professor: Obstetrics and Gynaecology & Assistant Professor Laparoscopy and Minimally Invasive Gynecological Surgery, American University of Beirut Medical Centre, Beirut, Lebanon

Dr Arnaud Wattiez, Prof: Ob/Gyn, University of Strasbourg, France & Head: Gynecology Department, Latifa Hospital, Dubai, UAE

**13:30 Dilemmas in the diagnosis of endometriosis**

Dr Islam Sidky, Senior Consultant & Chief Minimal Invasive Gynaecology, Tawam Hospital, Al Ain, UAE

**13:50 Modern approach of deep endometriosis: the concept of economical radicality**

Dr Arnaud Wattiez, Prof: Ob/Gyn, University of Strasbourg, France & Head: Gynecology Department, Latifa Hospital, Dubai, UAE

**14:10 Ovarian reserve in endometriosis surgery: risks and practical tips for safe surgery**

Prof Mohamed Mabrouk, Minimally Invasive Gynecological Surgery Unit, Bologna University, Italy & Department of Ob/Gyn, Alexandria University, Alexandria, Egypt

**14:30 Endometriosis in the UAE and region: facts and challenges**

Dr Ghassan Lotfi, Consultant: Gynecological and laparoscopic surgery, Latifa Hospital, Dubai, UAE

**14:50 Q & A**

**15:00 Coffee break**

**SESSION FOUR: UROGYNECOLOGY**

**Moderators:** Dr Habibeh Gitiforooz, Obstetrician- Gynecologist: Regional Obstetrics and Gynecology, Cleveland Clinic, Cleveland, Ohio, USA

Dr Hassan M Elbiss, Consultant Obstetrician and Gynaecologist & Assistant Professor: Department of Obstetrics & Gynaecology, United Arab Emirates University, Al Ain, UAE

**15:30 Evolution in surgical management of female urinary incontinence, yet still with complications - how to avoid and treat complications**

Dr Hassan M Elbiss, Consultant Obstetrician and Gynaecologist & Assistant Professor: Department of Obstetrics & Gynaecology, United Arab Emirates University, Al Ain, UAE

**15:50 Reconstructive laparoscopic prolapse surgery - to avoid vaginal mesh erosions**

Dr Rajesh Devassy, Gynecological Laparoscopic Surgeon, Dubai London Specialty Hospital, Dubai, UAE & International Course Director, University Hospital, Oldenburg, Germany

**16:10 Female urinary incontinence - conservative management: A UAE prospective**

Dr. Hassan M Elbiss, Consultant Obstetrician and Gynaecologist & Assistant Professor: Department of Obstetrics & Gynaecology, United Arab Emirates University, Al Ain, UAE

**16:30 Q & A**

**16:45 Closing remarks and end of conference**

**Women’s Health Conference**

**DAY ONE: MONDAY 28 MARCH 2016**

**08:50 Opening remarks and welcome**

Dr Humeira Badsha, Consultant Rheumatologist, Humeira Badsha Medical Centre, Dubai, UAE

**SESSION ONE: PREVENTATIVE MEDICINE**

**Moderator:** Dr Humeira Badsha, Consultant Rheumatologist, Humeira Badsha Medical Centre, Dubai, UAE

**09:00 Skin signs and rashes in connective tissue diseases**

Dr Anwar Al Hammadi, Consultant Dermatologist, DermaMed Clinic, Dubai, UAE

**09:30 Updated vaccinations for adult patients**

Dr Moeena Zain, Infectious Diseases Specialist, American Hospital, Dubai, UAE

**10:00 Updates on diabetes management**

Dr Sara Suliman, Consultant Endocrinologist, Imperial College London Diabetes Centre, Abu Dhabi, UAE

**10:30 Vascular diseases in women – arteries and veins**

Amit Kumar, Specialist Vascular Surgery, BR Medical Suites, Dubai, UAE

**11:00 Zika virus - the new threat**

Dr Somansu Basu, Specialist Medical Microbiology; PCI Chairperson & CME Administrator, NMC Specialty Hospital, Al Ain, UAE

**11:20 Coffee break**

**SESSION TWO: ONCOLOGY SCREENING & TREATMENT**

**11:45 Updates on new guidelines for breast cancer screening and treatment**

Prof Sven Becker, Professor and Director: Department of Gynaecology and Obstetrics & Division Head: Gynaecologic Oncology and Gynaecologic Specialties, University Hospital Frankfurt, Frankfurt, Germany

**12:15 Female genital malignancy screening**

Dr Saad Ghazal-Aswad, Senior Consultant Gynecological Oncologist, Chief of Gynecological Oncology Division & Chair of Obstetrics and Gynecology Department, Tawam Hospital, Al Ain, UAE

**12:30 Obesity and optimum nutrition**

Dr Nadia Ahmad, Founding Director, Obesity Medicine Institute, Dubai, UAE

**13:00 Q & A**

**13:15 Lunch break**

**SESSION THREE: UPDATES IN ENDOCRINOLOGY**

**14:00 Managing menopause**

Professor Gordana Prelevic, Consultant Endocrinologist, London Claremont Clinic, London, UK

**14:30 Management of common thyroid conditions**

Dr Safdar Naqvi, Medical Director and Consultant Endocrinologist, Imperial College London Diabetes Centre, Abu Dhabi, UAE

**15:00 Coffee break**

**SESSION FOUR: MUSKULOSKELETAL**

**Moderator:** Dr Humeira Badsha, Consultant Rheumatologist, Humeira Badsha Medical Centre, Dubai, UAE

**15:30 Vitamin D deficiency and optimal bone health**

Dr Humeira Badsha, Consultant Rheumatologist, Dr Humeira Badsha Medical Centre, Dubai, UAE

**16:00 Common sports injuries**

Dr. William D. Murrell, Consultant Orthopaedic Surgeon, Dr Humeira Badsha Medical Centre, Dubai, UAE

**16:30 Back pain management**

Dr Humeira Badsha, Consultant Rheumatologist, Dr Humeira Badsha Medical

Centre, Dubai, UAE

**17:00 Q & A**

**17:15 Closing remarks & end of day one**

**DAY TWO: TUESDAY 29 MARCH 2016**

**09:20 Opening remarks by conference Chair**

Dr Nooshin Bazargani, Consultant Cardiologist: Dubai Heart Centre, Dubai Hospital, Dubai, UAE

**SESSION FIVE: NON-COMMUNICABLE DISEASES (1)**

**09:30 Cardiovascular risk factors in women**

Dr Omar K. Hallak, Consultant & Interventional Cardiologist, American Hospital, Dubai, UAE

**10:00 Tobacco and health**

Dr Abdul Razzak Alkaddour, Consultant Cardiologist, Sheikh Khalifa Medical City, Abu Dhabi, UAE

**10:30 Coffee break**

**SESSION SIX: NON-COMMUNICABLE DISEASES (2)**

**11:00 Bringing women’s mental health to the forefront of integrated care**

Dr Azhar M. Abu Ali, Senior Clinical Psychologist, Latifa Hospital, Dubai, UAE

**11:30 Sleep apnoea**

Dr Hassan Saber Alhariri, Consultant: Pulmonary and Sleep Medicine, Dubai Health Authority (DHA), Dubai, UAE

**12:00 Innovative diagnostics for women’s health**

Dr Najoua El Helali, Member: French Health Agency & Microbiologist, St Joseph Hospital, Paris, France

**12:30 Lunch break**

**SESSION SEVEN: COMMON COMPLAINTS**

**14:00 Oral health in women**

Dr Nadia Mohd Saleh, Assistant Director of Dental Services, Dubai Health Authority (DHA), Dubai, UAE

**14:00 Hair loss**

Dr Simin Ahari, Dermatologist, Dr Simin Medical Clinic, Dubai, UAE

**14:30 Palpitations in women**

Dr Hani Sabbour, Consultant Cardiologist, Sheikh Khalifa Medical City, Abu Dhabi, UAE

**15:00 Coffee break**

**SESSION EIGHT: WOMEN WITH SPECIAL PROBLEMS**

**15:30 Cardiac medications in pregnancy**

Dr Hosam A. Zaky, Consultant Cardiologist, Dubai Hospital, Dubai, UAE

**16:00 Surgical procedures for weight loss**

Dr Abdelrahman Nimeri, Director: Bariatric and Metabolic Institute, Head: Division of General Surgery, Sheikh Khalifa Medical City, Abu Dhabi, UAE

**16:30 Uro-genital problems in women**

Dr Yaser Saeedi, Consultant Urologist, Dubai Hospital, Dubai, UAE

**17:00 Closing remarks and end of conference**

**Midwifery Conference**

**Day One: Sunday 27 March 2016**

Woman-centered care conference

**08:50 Opening and welcome remarks by the conference Chair**

**Noreen Healy,** Director of Nursing and Midwifery, **Al Ain Cromwell Hospital;** President - Midwives Section, **Emirates Nursing Association, Abu Dhabi, UAE**

**Session one**

**09:00** Keynote presentation:Midwifery and Woman Centred Shared Care

**Dr Rita Borg Xuereb,** [Midwifery](http://www.um.edu.mt/healthsciences/midwifery) Head of Department: Faculty of Health Sciences,  
**University of Malta;** ICM Board Member and Representative for the Southern European Region & ICM Education Standing Committee, **The Hague, Netherlands**

**10:00** Woman Centred Care and breastfeeding

**Hayat Ramadan Ahmed,** Deputy Director: Nursing and Senior Charge Nurse, labour Room, **Fujairah Hospital, Fujairah Medical Zone, UAE**

**10:30 Coffee break**

**Session two**

**11:00** Seen, but not heard - men and childbirth

**Prof Ged Williams,** Nursing & Allied Health Consultant, **SEHA, Abu Dhabi Health Services**; Founding Chair of **World Critical Care Nurses**

**11:30** Sudden Infant Death – The ABC of Safe Sleeping - Keeping Our Babies Safe

**Sarah Jane Ball,** Clinical Resource Nurse, **Corniche Hospital, Abu Dhabi, UAE**

**12:00** Sensory processing and the effects on early development

**Dr Michelle Kashani, OTR, L/SIPT, Clinical Director, Blue Sky Rehabilitation Management, Dubai, UAE**

**12:30 Lunch break**

**Session three**

**14:00** Post-partum depression

**Dr Yaseen Aslam,** Consultant Psychiatrist & Medical Director, **The Lighthouse Arabia, Dubai, UAE**

**14:30** Post-partum depression – a journey

**Andrea Allen,** Founding Member, **Out of the Blues, Dubai, UAE**

**15:00hrs Refreshments**

**Session four**

**15:15** Embracing technology in antenatal education

**Karen Wilmot,** The Virtual Midwife, Midwife, Yoga Instructor, MSc Adult Education, Clinical Hypnotherapist, Author and Public Speaker, **Bali**

**15:45** Developing life skills among adolescents and youth in Tunisia – an investment for the future

**Dr Atf Ghérissi,** Assistant Master in Educational Sciences, Applied School of Health Science and Technology, **El Manar University, Tunis, Tunisia**

**16:30** Critical concepts in CPR: A look at the new American Heart Association 2015 emergency cardiovascular care resuscitation guidelines for maternal & neonatal resuscitation

**Caitlin Picker,** Director, Training Education & Development, **Uniteam Medical Assistance, Dubai, UAE**

**17:00** Midwifery practice in the Post-2015 era: A regional perspective

**Dr. Mohamed Afifi,** Reproductive Health Programme Specialist: Arab States Regional Office, **United Nations Population Fund (UNFPA), Egypt**

**17:15 Take home message**

**Dr Rita Borg Xuereb,** [Midwifery](http://www.um.edu.mt/healthsciences/midwifery) Head of Department: Faculty of Health Sciences,  
**University of Malta;** ICM Board Member and Representative for the Southern European Region & ICM Education Standing Committee, **The Hague, Netherlands**

**17:30** Closing remarks and end of day one

**Day 2: Monday 28 March 2016**

Complementing practice - evidence based interactive practical workshop

**08:30** Opening and Welcome Remarks by the conference Chair

**Noreen Healy,** Director: Nursing and Midwifery, **Al Ain Cromwell Hospital;** President - Midwives Section, **Emirates Nursing Association, Abu Dhabi, UAE**

**Session one**

**08:40 Inside out - communication and teamwork**

Practical scenario and demonstration – explains the principles of effective communication, how effective communication and teamwork can reduce errors

**Tracy Roake,** Clinical Resource Midwife, **Corniche Hospital, Abu Dhabi, UAE**

**Joanne Hubbard,** Education Manager, **Corniche Hospital, Abu Dhabi, UAE**

09:45 **HypnoBirthing**

**Nic Bambury,** HypnoBirthing Teacher, Doula, Acupressure Certified Instructor, EFT Practitioner, NLP Master and Mind Body Coach

**10:15 Coffee break**

**Session two**

***Groups rotate to all skills stations throughout the day***

**10:30 Skill station 1 - Shoulder dystocia**

Shoulder Dystocia is one of the leading causes of childbirth mortalities & injuries and accounts for about 1% of all deliveries. This session will provide the midwife with the methodology used in early recognition as well as manoeuvres used to manage shoulder dystocia effectively.

**11:15 Skill station 2 - Neonatal resuscitation**

An essential session on the latest techniques to resuscitate a new born effectively

**12:00 Lunch break**

**Session three**

**13:00 Vaginal breech skills overview**

**13:15 Skill station 3 - Breech**

Up skilling opportunity for midwifery practice on rare emergencies, this session will focus on techniques & manoeuvres used to deliver healthy vaginal breech babies

**14:00 Skill station 4 – Debrief, documentation & risk management**

The midwife will learn the art of debriefing & highlight the importance of using Proformas & documentation tools. Risk management will be discussed to reiterate the importance of accurate & clear documentation & other valuable ways to reduce risk & enhance patient safety.

**14:45 Coffee break**

**Session four**

**15:00 Postpartum haemorrhage overview**

An interactive & proactive session to provide a platform for cognitive thinking, and practical examples of early recognition of PPH, causes of PPH & quantification of blood loss.

* Quantifying blood loss – activity
* PPH Proforma tools & group activities

**16:00** Take home message

**Dr Rita Borg Xuereb,** [Midwifery](http://www.um.edu.mt/healthsciences/midwifery) Head of Department: Faculty of Health Sciences,  
**University of Malta;** ICM Board Member and Representative for the Southern European Region & ICM Education Standing Committee, **The Hague, Netherlands**

**16:15** End of conference